What is claimed is:

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1. A method for providing support when selecting a training program as part of therapy planning, comprising:

providing a capability profile for a patient;

providing a first database, said first database containing a plurality of past comparative capability profiles for comparative patients and an allocation of training programs respectively prescribed based on the comparative capability profiles, wherein a data processing station automatically compares the patient's capability profile with the comparative capability profiles and selects and displays from the first database, at least one suitable training program for which the associated comparative capability profile matches the patient's capability profile to a prescribable degree of similarity.

2. The method as claimed in claim 1, wherein the training programs in the first database additionally include associated dimensions for the success of treatment in the respective comparative patient, and wherein the at least one suitable training program is displayed together with the associated dimension for the success of treatment.

3. The method as claimed in claim 2, wherein a plurality of training programs are displayed in an order of size of the associated dimensions for the success of treatment.

- 4. The method as claimed in claim 1, wherein a plurality of training programs are displayed in an order of degree of similarity of the match between the associated comparative capability profiles and the patient's capability profile.
- 5. The method as claimed in claim 2, wherein only the at least one training program, having at least one of the highest dimension for the success of treatment and a dimension for the success of treatment which is above a prescribable threshold value, is displayed.

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- 6. The method as claimed in claim 2, wherein, based on the match between the comparative capability profiles and the patient's capability profile and the dimensions for the success of treatment on the respectively prescribed training programs, the data processing station uses prescribable selection rules to propose a suitable training program which promises an optimum training result for the patient.
- 7. The method as claimed in claim 1, wherein at least one of proposed and displayed training programs are modifyable by a user.
  - 8. The method as claimed in claim 1, wherein the selection of the at least one training program by the data processing station automatically involves a match between further patient data for the patient and patient data for the comparative patients, which are additionally contained in the first database, being checked and taken into account.
  - 9. The method as claimed in claim 8, wherein the patient's further patient data are at least one of input and retrieved by the data processing station from an electronic patient record.
    - 10. The method as claimed in claim 2, wherein a current capability profile for the patient is repeatedly provided in the course of therapy, the data processing station automatically compares the patient's current capability profile with the comparative capability profiles and selects at least one further training program, and displays them together with the associated dimension for the success of treatment, for which the associated comparative capability profile matches the patient's current capability profile to a prescribable degree of similarity, in order to at least one of replace and modify a training program already prescribed for the patient with a further training program, if appropriate.

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- 11. The method as claimed in claim 10, wherein a third database is provided which contains transfer measures between different training programs, and in the event of the prescribed training program being replaced with a further training program, the data processing station automatically retrieves and outputs transfer measures for this further training program by reverting to the third database.
- 12. The method as claimed in claim 1, wherein the first database contains anonymized data.
- 10 13. A system for providing support when selecting a training program as part of therapy planning, comprising:

a data processing station, coupled to a first database containing a plurality of past comparative capability profiles for comparative patients with an allocation of training programs respectively prescribed based on the comparative capability profiles; and

a module for automatically comparing a capability profile for the patient with the comparative capability profiles and for selecting and displaying from the first database, at least one training program for which the associated comparative capability profile matches the patient's capability profile to a prescribable degree of similarity.

- 14. The system as claimed in claim 13, wherein the data processing station is coupled to a second database, from which the patient's capability profile is retrievable.
- 15. The system as claimed in claim 13, wherein the training programs in the first database additionally include associated dimensions for the success of treatment in the respective comparative patient, and wherein the module is designed to display the at least one training program together with the associated dimension for the success of treatment.

- 16. The system as claimed in claim 15, wherein the module is designed to display a plurality of training programs in an order of size of the associated dimensions for the success of treatment.
- The system as claimed in claim 15, wherein the module is designed to display a plurality of training programs in an order of degree of similarity of the match between the associated comparative profiles and the patient's capability profile.
- 10 18. The system as claimed in claim 15, wherein the module is designed to display only the at least one training program including at least one of a highest dimension for the success of treatment and a dimension for the success of treatment which is above a prescribable threshold value.
- 19. The system as claimed in claim 15, wherein the module is designed to output a proposal for a suitable training program on the basis of the match between the comparative capability profiles and the patient's capability profile and the dimensions for the success of treatment on the respectively prescribed training programs using prescribable selection rules.
  - 20. The system as claimed in claim 13, wherein the module provides the user with an opportunity to modify at least one of the proposed and displayed training programs.
- 21. The system as claimed in claim 13, wherein the module is designed for automatically checking and taking into account a match between further patient data for the patient and patient data for the comparative patients, which are additionally contained in the first database.
- 30 22. The system as claimed in claim 21, wherein the data processing station includes access to an electronic patient record for the patient, from which the patient's further patient data is retrievable by the module.

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- 23. The system as claimed in claim 13, wherein the module is designed for repeatedly retrieving the patient's capability profile in the course of therapy, for automatically comparing it with the comparative capability profiles in the first database, and for selecting and displaying at least one training program from the first database in order to propose at least one of a different and modified training program, if appropriate, in the event of any deviation from a previously prescribed training program.
- 24. The system as claimed in claim 23, wherein the data processing station is coupled to a third database containing transfer measures between different training programs, and wherein the module is designed so that, in the event of a different training program being proposed, it outputs transfer measures for this different training program by reverting to the third database.
  - 25. The system as claimed in claim 13, wherein the first database contains anonymized data.
  - 26. A method for providing support when selecting a training program as part of therapy planning, comprising:

providing a capability profile for a patient, wherein a database includes a plurality of past comparative capability profiles for comparative patients and an allocation of training programs respectively prescribed based on the comparative capability profiles;

comparing the patient's capability profile with the comparative capability profiles; and

displaying, from the first database, at least one training program associated with a comparative capability profile resembling the patient's capability profile.

The method of claim 26, wherein the step of displaying includes matching the patient's capability profile with a comparative capability profile to a prescribable degree of similarity.

- 28. The method of claim 26, wherein the steps of comparing and diplaying are performed automatically at a data processing station.
- 5 29. The method as claimed in claim 26, wherein the training programs in the first database additionally include associated dimensions for the success of treatment in the respective comparative patient, and wherein the at least one suitable training program is displayed together with the associated dimension for the success of treatment.
- 30. The method as claimed in claim 29, wherein a plurality of training programs are displayed in an order of size of the associated dimensions for the success of treatment.
- 15 31. The method as claimed in claim 2, wherein a plurality of training programs are displayed in an order of degree of similarity of the match between the associated comparative capability profiles and the patient's capability profile.
- 32. The method as claimed in claim 27, wherein the training programs in the first database additionally include associated dimensions for the success of treatment in the respective comparative patient, and wherein the at least one suitable training program is displayed together with the associated dimension for the success of treatment.
- 25 33. The method as claimed in claim 32, wherein a plurality of training programs are displayed in an order of size of the associated dimensions for the success of treatment.
- 34. The method as claimed in claim 32, wherein a plurality of training programs are displayed in an order of degree of similarity of the match between the associated comparative capability profiles and the patient's capability profile.

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- 35. The system as claimed in claim 14, wherein the training programs in the first database additionally include associated dimensions for the success of treatment in the respective comparative patient, and wherein the module is designed to display the at least one training program together with the associated dimension for the success of treatment.
- 36. A module of a system for providing support when selecting a training program as part of therapy planning, the system including a data processing station, coupled to a first database containing a plurality of past comparative capability profiles for comparative patients with an allocation of training programs respectively prescribed based on the comparative capability profiles, the module comprising:

means for automatically comparing a capability profile for the patient with the comparative capability profiles; and

- means for displaying, from the first database, at least one training program for which the associated comparative capability profile matches the patient's capability profile to a prescribable degree of similarity.
- 37. A device of a system for providing support when selecting a training program as part of therapy planning, comprising:

a data processing station, coupled to a first database containing a plurality of past comparative capability profiles for comparative patients with an allocation of training programs respectively prescribed based on the comparative capability profiles, wherein a module of the system automatically compares a capability profile for the patient with the comparative capability profiles and selects and displays, from the first database, at least one training program for which the associated comparative capability profile matches the patient's capability profile to a prescribable degree of similarity.